

MESSAGE FROM PRESIDENT

I am pleased to greet the 2018-19 Board of Directors of the North Lambton Community Health Centre (North Lambton CHC), particularly our new member.

North Lambton CHC, with sites in Forest, Kettle and Stony Point, Watford and Sarnia, provides services that are designed to assist our clients and our communities to achieve their “optimal physical, mental, spiritual and social well-being”. To accomplish this, we provide primary health care to registered clients within our target populations through the services of our family physicians, nurse practitioners, nurses, social workers, dietitians and physiotherapists.

Our many health promotion programs are available to all members of the community to improve their health by taking part in activities designed to increase physical, social and emotional well-being. These programs are delivered by our health promoters, community workers, occupational therapist, respiratory therapist and kinesiologist, as well as certain members of the primary care team. Delivery of these programs is made possible through partnerships with community agencies, the efforts of our dedicated volunteers and funding resources for specific programs that the staff pursues diligently.

In addition to the physical locations, North Lambton CHC is comprised of a team with shared goals and objectives who work to enhance the health of our clients and communities. It is important that we all support the CHC model of health and well-being, the social determinants of health, as well as the North Lambton CHC mission and vision statements. As part of the team, the Board Directors have specific roles that are separate from those of staff. The responsibilities of the Board include: providing leadership in governing the organization, providing support to our Executive Director and being ambassadors for the Centre in the communities that we serve.

As an important part of the changing health care field in Ontario, the Board will focus on setting and achieving goals that enhance the overall health of the communities we serve, as well as meeting the expectations of our funders. The CHC model of health and well-being can lead the way for individuals, families and groups in our communities to improve and maintain their health and quality of life.

This manual serves two purposes: to orient new members of the Board to the Centre and to serve as a continuing resource for all Board members to help us to perform our governance duties. Thank you for your commitment to the Centre; I look forward to working with the Board members as we move the organization forward this year.

Mac Redmond, President and Board Chair
North Lambton CHC Board of Directors